

Life in

FOCUS

DRY EYE

**REVOLUTION IN EYE CARE
SAY FAREWELL TO DRYNESS
AND IRRITATION**

See page 6

LASIK

**PREMIUM/ADVANCED/BLADELESS
UNLOCK ULTRA-SHARP VISION FOR
A LIFE WITHOUT LENSES**

See page 12

**Say Goodbye to Poor Night Vision, Double
Vision, Cloudy Vision and Fading Colors**

CORRECTING CATARACTS

**SEE LIFE CLEARLY AGAIN: ADVANCED CATARACT
SURGERY FOR SHARP VISION AT ANY DISTANCE**

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ARTHUR BENJAMIN, MD
Board-Certified Ophthalmologist



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Over 200 5-Star Google Reviews

OFFICE HOURS Monday–Friday:
8 a.m.–5 p.m.

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Knowledgeable,
Cutting-Edge

EYE CARE SPECIALIST

“Life is beautiful. See it!” says Dr. Arthur Benjamin. “We provide a full range of services and tailor our treatments to make sure everyone can see the world the best they can and that they look and feel great doing it.”

An Experienced Eye Care Team

Dr. Benjamin is among California’s leading eye doctors. Board certified by the American Board of Ophthalmology, he has been in practice for over 29 years and performed more than 30,000 surgeries. Dr. Benjamin’s team of eye care professionals has many decades of combined experience and can treat any eye disease, injury or condition.

State-of-the-Art Technology

“Our commitment to innovation goes very deep,” says Dr. Benjamin. “It takes a lot of effort and time to stay current in the field of ophthalmology. We are dedicated to bringing the most advanced technology to our patients, and we always provide the best treatments available.”

Dr. Benjamin uses state-of-the-art technology in all of the treatments he provides. This includes his advanced surgical suite for performing LASIK procedures, and the latest and most effective equipment and techniques to treat dry eye and cataracts. “A patient’s treatment options can be limited by a doctor’s equipment and experience,” he says. “We spare no expense or effort in making sure that we have the latest and greatest technology available for accurate diagnostics and effective treatment.”

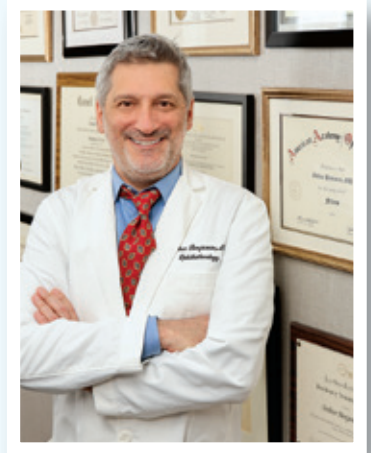
What’s The Difference Between an Ophthalmologist and an Optometrist?

An ophthalmologist is a medical doctor specializing in diagnosing and treating eye diseases and disorders, such as dry eye, styes, glaucoma, cataracts and retinal conditions, as well as eye injuries. They can correct a patient’s vision through laser surgery.

Optometrists are healthcare professionals who are trained to diagnose and treat certain eye conditions, and to provide vision correction with glasses and contact lenses. They collaborate with ophthalmologists and provide comprehensive care before and after eye surgeries.

ARTHUR BENJAMIN, MD Board-Certified Ophthalmologist

Dr. Benjamin graduated from Cornell University and then attended medical school at Duke University. He completed his internship at Harbor-UCLA Medical Center and his ophthalmology residency at Jules Stein Eye Institute at UCLA—one of the most prestigious ophthalmology clinics in the world.



He has been named “Best Eye Doctor” by LA Magazine and “Best LASIK Surgeon in LA” by Vision Center. He is one of a very small number of surgeons in the LA area specializing in complicated cataract surgery. Dr. Benjamin is also an Assistant Clinical Professor at Jules Stein Eye Institute, teaching students the latest surgical and medical advances in ophthalmology.

“Ophthalmology is the most amazing medical specialty,” says Dr. Benjamin. “Our treatments are transformative and life-changing. The ‘wow’ that my patients experience after treatment is incredibly rewarding!”



“Dr. Benjamin is a leader in his field and has an empathetic connection with all who rely on him and his team to take care of their eyesight.” –J.K.



Dr. Benjamin explains patients’ eye conditions and treatment clearly and in detail.



New Patient Evaluation & Consultation

Dr. Benjamin specializes in the diagnosis and treatment of eye disorders, including cataract surgery and LASIK vision correction. Every evaluation begins with a thorough examination of the patient’s eyes.

When a new patient comes to Benjamin Eye Institute, they receive a warm welcome followed by an in-depth examination of eye and visual health.

Dr. Benjamin evaluates all of the tests to identify any problems and determine the best course of treatment to improve the patient’s vision and future eye health. He then goes over the results with the patient in detail, clearly explaining the options. John, a patient, says, “Dr. Benjamin is smart, knowledgeable and up to date on the newest and most effective treatments, and he both listens AND takes the time to explain all treatment options.”

Precise Diagnosis

Dr. Benjamin has the knowledge and the technology to make a precise diagnosis. “The patient may be experiencing general discomfort, redness, tearing or vision changes,” he says. “During a comprehensive examination, I can identify the issue, including any early signs of cataracts, glaucoma or dry eye that the patient may not have been aware of.”

Tailored Exams and Consultations

All new patients receive comprehensive testing and examination. Patients with certain conditions get additional testing and evaluation, as needed.

- **Cataract Consultation:** Extra attention is paid to a patient’s daily activities and their visual demands. The doctor checks for complicating factors such as glaucoma, diabetes or dry eye, and designs an appropriate treatment plan.
- **Dry Eye Evaluation:** Many patients with dry eye are frustrated with the ineffectiveness of their prior treatments. Often, this stems from misdiagnosis or the failure to address the underlying cause. Dr. Benjamin performs careful testing to ensure proper diagnosis and treatment.
- **Complimentary LASIK Consultation:** Dr. Benjamin assesses the patient’s eye health and discusses the patient’s visual goals to ensure they are a candidate for LASIK.



Dr. Benjamin examines patients’ eyes with a slit lamp—a microscope used to detect eye disease.



We have been patients of Dr. Benjamin for over 25 years... Our family is forever grateful to Dr. Benjamin and his team.

Read Yelena and Konstantin’s full testimonial on page 16.

Examination Steps



1. PATIENT ARRIVES

Each new patient is warmly greeted at reception. They start the examination process with comprehensive eye tests.



2. VISION TESTS

The patient's vision is tested for visual acuity (sharpness), astigmatism, color vision and, if applicable, their current glasses or contacts prescription is evaluated.



3. ADVANCED VISION TESTING

Dr. Benjamin uses specialized equipment to detect tiny imperfections in an eye's optics. This aids in a more precise diagnosis and treatment plan.



4. DRY EYE TESTING

Testing and an in-depth assessment of the eyelid and lubricating glands are done to detect potential dry eye conditions.



5. RETINA TEST

A special retinal camera is used to detect retinal holes, tears, detachments, diabetic retinopathy and macular degeneration.



6. CONSULTATION WITH THE DOCTOR

Dr. Benjamin meets with the patient and—using detailed video presentations—discusses the examination results and treatment options.

BENJAMIN EYE INSTITUTE CAN HELP YOU!

Are you experiencing any of the following?

- Dry eyes
- Cataracts
- Glaucoma
- General eye discomfort
- Redness
- Excessive tearing
- Vision changes
- Fatigued eyes
- Cloudy or blurred vision
- Sensitivity to glare
- Fading colors
- Yellowing of colors
- Halos around lights



Do you wear glasses or contacts but would like to have perfect vision?

Call 310-299-2056 to book your examination and consultation!

Constantly rubbing your eyes?
Eye drops not giving enough relief?

Solutions for **DRY EYE**

Dr. Benjamin has treatment options to provide relief—even for patients who think they have tried everything,

Dry eye syndrome affects over 10 million people in the United States. It is one of the most common reasons people visit their eye doctor. Patients are often unaware that they suffer from dry eye and may think that their symptoms are the result of other eye problems.

“Many patients ask for eye drops to relieve the itching or redness they believe is associated with allergies,” says Dr. Benjamin. “Itching isn’t necessarily related to allergies. It is essential to determine the correct source of the problem. In our office, we offer dry eye testing as well as a test that determines how patients react to the 60 most common allergens. From this, we can diagnose more accurately and provide relief.”



“After doing
the dry eye
treatment, I can
now comfortably
wear contacts
again!”
—Steve

Read Steve’s full
testimonial on
page 16.



What Is Dry Eye?

Dry eye is characterized by a lack of sufficient lubrication and moisture on the surface of the eye. The condition occurs when the eye can’t produce enough tears. It most commonly occurs as a result of aging; tear production decrease; blockage of the meibomian glands (lubricating oil glands in the eyelid); medical conditions such as diabetes; certain medications; or environmental factors such as a dry climate. Dry eye symptoms can include:

- Stinging or burning sensation in the eyes
- Itchy eyes
- Eye redness
- Mucus in or around the eyes
- Feeling that something is in your eye
- Eye fatigue after short periods of reading or computer use
- Excessively watery eyes
- Sensitivity to light
- Difficulty wearing contact lenses



Examination and Consultation

Dr. Benjamin examines the patient’s tear film (the lubricating surface of the eye), meibomian (oil) glands, eyelid function and the presence of other factors to determine the exact causes of a patient’s dry eye. “The goal is not to treat symptoms of dry eye,” says Dr. Benjamin. “We are finding the underlying causes of the condition so we can effectively remedy it.”

TREATMENT OPTIONS FOR DRY EYE

Dr. Benjamin offers state-of-the-art solutions for dry eye. He carefully diagnoses each patient's condition to get to the root of what's causing their dry eye and recommends the appropriate treatment plan—which may include a combination of treatments. “We offer every effective method and device for treating dry eye,” he says. “We’re uniquely equipped to tailor a treatment plan that’s just right for each patient.”

Meibomian Gland Dysfunction Treatment: Releases the Eyelid's Lubricating Oils



Radiofrequency (RF) Treatment

InMode Envision has a radiofrequency mode (high-frequency electric current) that safely heats the meibomian glands in the eyelids. This alleviates blockages and opens up the gland.



LipiFlow® Treatment

LipiFlow comfortably delivers a combination of heat and therapeutic motion to the eyelids to effectively express blockages and open the passages found in the meibomian glands.



Intense Pulse Light (IPL) Treatment: Reduces Inflammation and Removes Oil Gland Blockage

Light therapy is used to gently heat the glands in the eyelid (meibomian glands) that are responsible for producing lubricating oils, liquefying dried up oils and allowing a free flow once again. It also treats eye inflammation and eliminates bacteria.

Dr. Benjamin uses state-of-the-art IPL devices—OptiLIGHT and InMode Envision. InMode Envision is especially effective for people with dry eyes caused by inflammation. It employs a higher light intensity, allowing it to penetrate to the root of the inflammation. Fewer sessions are required than traditional IPL.

BlephEx®: Reduces Inflammation



BlephEx is a painless in-office procedure that removes crust and excess bacteria from the eyelid margins, the main cause of inflammatory dry eye.

Solutions To Manage Dry Eye



Dr. Benjamin provides comprehensive care for dry eye, including prescription eye drops to reduce the chronic inflammation that affects the tear glands, and drops that produce a tear substitute specifically formulated for the patient.



DRY EYE EXAM & CONSULTATION

If you are suffering from dry eye, you can schedule a consultation with Dr. Benjamin to get a precise diagnosis and learn your treatment options. Your exam and consultation includes:

- Advanced testing to diagnose the precise causes of your dry eye.
- Clear explanation of the results by Dr. Benjamin.
- Review of treatment options.

Call 310-299-2056 to schedule your consultation!



A cataract is the clouding of the eye lens. Over time, it progressively covers the eye—causing blurriness and cloudy vision, along with fading or yellowing of colors.



Dr. Benjamin performs state-of-the-art laser surgery to correct cataracts and restore clear, bright vision to his patients.

CORRECTING CATARACTS

Cataracts are most commonly the result of aging. Proteins in the eye's lens break down, clumping together and clouding areas of the lens. Left untreated, they can eventually lead to blindness. Aside from congenital, health or environmental factors, cataracts usually begin to appear after age 40. Over time, the cataract can continue to grow and cause increasingly impaired vision. When Dr. Benjamin detects a cataract in its early stages, he can recommend strategies to slow its progression.

How Cataracts Affect Vision

Cataract symptoms may be very mild at first. As the cataracts grow, they can cause changes in a person's vision, including:

- Cloudy or blurry vision
- Double vision
- Fading colors
- Poor night vision
- Light sources that appear too bright
- Halos around lights
- Frequent changes to prescription lenses

Laser-Assisted Cataract Treatment

Cataract surgery at Benjamin Eye Institute starts with precise, computer-assisted incisions in the cornea and lens using a laser. The small incisions are self-healing and typically won't require stitches. The laser is used to soften and break apart the cloudy lens, which is then removed, after which Dr. Benjamin carefully inserts an artificial lens. Thanks to his use of the latest technologies, he can often treat both eyes in a single visit.

Glaucoma Management in Cataract Patients

Many cataract patients also have glaucoma. These patients are expertly managed and can receive Minimally Invasive Glaucoma Surgery (MIGS) at Dr. Benjamin's office.

Call 310-299-2056 to schedule a consultation!

Why You Should Choose Dr. Benjamin for Your CATARACT CARE

EXPERIENCED REFRACTIVE CATARACT SURGEON

Dr. Benjamin has successfully performed cataract surgery on thousands of patients. He is not just any cataract surgeon—he is a refractive cataract surgeon. He goes beyond simply removing the cataract and replacing the lens, he optimizes the patient's vision using advanced multifocal lenses. Refractive cataract surgery can correct near- and farsightedness, as well as astigmatism. "My goal is to free my patients from the need to wear visual aids—glasses and contacts," says Dr. Benjamin.

THE LATEST TREATMENT OPTIONS

Dr. Benjamin invests in the latest and most advanced ophthalmic equipment and technology, and he operates out of a state-of-the-art surgery center. "The treatment of cataracts has come a long way," he says. "Every new technology brings improved results. We stay abreast of the latest technology to ensure top-notch care for our patients."

STATE-OF-THE-ART SURGERY CENTER

For surgeries such as cataract removal, Dr. Benjamin performs procedures at a state-of-the-art surgery center, which is equipped with the latest eye surgery technology and offers patient recovery rooms and a friendly, well-trained staff.

HIGHLY EDUCATED

Dr. Benjamin graduated with honors from Cornell University and Duke University School of Medicine. He trained at the distinguished Jules Stein Eye Institute at UCLA, where he now teaches students and medical residents as a Clinical Assistant Professor. In addition, Dr. Benjamin is committed to constantly honing his skills through continuing education.

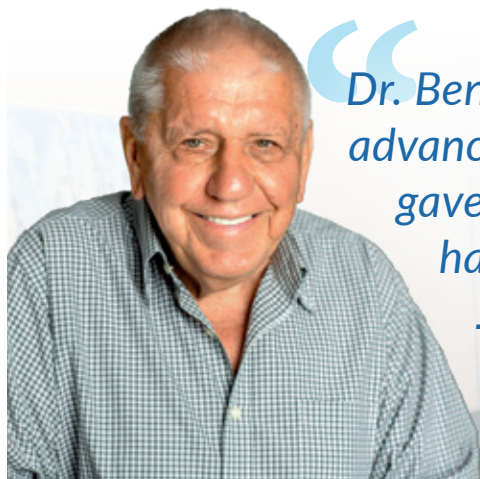


FRIENDLY, CARING AND COMFORTABLE

Dr. Benjamin always takes the time to answer questions and address any concerns. Patients frequently comment on Dr. Benjamin and his team's friendliness, caring manner and empathy. "Dr. Benjamin is not only highly skilled, but also incredibly compassionate," says Albina, a patient. "They took the time to listen to my concerns and provided a thorough examination. The entire staff was friendly and professional, making the visit even more pleasant."

GUARANTEED RESULTS

"The best thing about our cataract service is we guarantee a refractive outcome," says Dr. Benjamin. "The way we do that is by including complimentary laser vision correction, if needed, for patients who had premium cataract surgery and still find themselves needing to use glasses."



“Dr. Benjamin used the latest advancements in cataract surgery. He gave me multifocal lenses, so now I have clear vision at all distances.”

—Konstantin

Dr. Benjamin Answers Frequently Asked Questions About Cataracts



What is a cataract?

A cataract is a clouding of the eye's lens. It causes blurred vision and can develop with age, UV exposure or certain medical conditions.

What causes cataracts?

Cataracts can be caused by aging, UV radiation, diabetes or medications. They result in a clouding of the eye lens, affecting vision.

What are cataract symptoms?

Symptoms include blurry vision, sensitivity to light, and difficulty seeing at night. Cataracts progressively impair vision and may require surgical intervention.

How is a cataract diagnosed?

Diagnosis involves a comprehensive eye exam, assessing visual acuity and pupil dilation, to detect the presence and severity of cataracts.

What's involved in cataract surgery?

Cataract surgery entails removing the cloudy lens and replacing it with an artificial lens to restore clear vision. It's a common and safe outpatient procedure.

What is the best lens for treating cataracts?

Patients often come in asking me for "the best lens" to treat their cataracts. The truth is, there is no one-size-fits-all answer. What you need is the "best lens for YOU." I do a thorough exam and diagnosis and take into account many factors to determine the best lens solution for each patient.

We constantly monitor the latest developments in lens technology in order to provide the best and widest selection of lens options available.

At what age do cataracts develop?

Cataracts are more common in those over 60 but can develop earlier. Regular eye check-ups help detect and manage cataracts as they form.

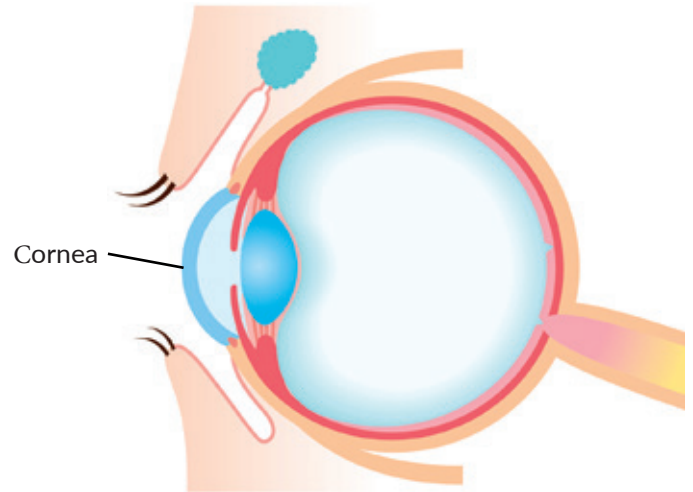
Can cataracts be prevented or slowed?

Lifestyle changes such as UV protection, a balanced diet and avoiding smoking may help slow cataract progression, although prevention is not always possible.

The Importance of Treating Dry Eye Before Cataract Surgery or LASIK

The ocular surface plays a pivotal role in ensuring successful outcomes in eye surgeries, particularly with procedures such as LASIK and premium cataract surgery. “Imagine you’re sitting in a car,” says Dr. Benjamin, “and you have the best possible glasses, contacts or laser vision correction, but the windshield is dirty. You’re only seeing as far as the windshield, and you can’t see beyond that. That’s the concept behind why it’s so important to treat dry eye before you do anything else.”

The cornea of the eye is where 90% of focusing takes place. This makes the clarity, smoothness and transparency of the cornea of paramount importance. At the Benjamin Institute, Dr. Benjamin has LipiFlow®, BlephEx® and IPL devices which he uses to treat dry eye and optimize the cornea before cataract and LASIK surgery, leading to better results.



Challenges of Cataract Surgery in Patients Who Previously Had LASIK/PRK

Cataract surgery in individuals with a history of LASIK or PRK poses challenges due to altered corneal anatomy. “Once you have laser vision correction, your cornea becomes truly unique,” says Dr. Benjamin. “Before the treatment, for example, all eyes with -3.00 eyesight are similar to all other eyes with -3.00 eyesight, so it’s very easy to make measurements and predict the lens power of the implant. But once you have LASIK, PRK or even RK, it becomes very difficult to predict.”

Only a refractive surgeon familiar with the nuances of corneal change—like Dr. Benjamin—has the experience necessary to handle this type of challenge. On top of that, Dr. Benjamin uses specialized instruments to make precise measurements and special software to determine the needed lens power to ensure a great result.



CATARACT EXAM & CONSULTATION

If you think you may have cataracts, schedule a consultation with Dr. Benjamin to get a precise diagnosis and learn your treatment options.

Your exam and consultation will include:

- Advanced testing to detect cataracts and any other disorders or malfunctions of the eye
- Clear explanation of the results by Dr. Benjamin
- Review of treatment options

Call 310-299-2056 to schedule a consultation!

CLEAR VISION IN MINUTES
—WITHOUT CORRECTIVE LENSES!

LASIK

Dr. Benjamin has over 25 years of experience with LASIK and has performed thousands of procedures to restore his patients' vision.

LASIK is a painless, fast and effective laser eye surgery that uses an FDA-approved laser to correct poor vision. Dr. Benjamin and his team are highly experienced in providing LASIK, and their patients enjoy better vision than they would with glasses or contacts.

"I wore glasses for the majority of my life," says Kate, a patient. "Since I got LASIK treatment, my life has changed—thanks to Dr. Benjamin!"

What Are the Steps of the LASIK Procedure?

LASIK is performed on each eye separately, taking roughly five minutes per eye. Dr. Benjamin applies numbing eye drops to keep the patient comfortable during the procedure. The procedure is bladeless. He uses an advanced laser to create a thin flap, allowing him to access the cornea. He then uses a cool ultraviolet light to remove microscopic amounts of tissue and reshape the cornea. The flap is placed back, covering the area and allowing it to heal naturally.

Typically, patients report they can see clearly within 24 hours after surgery.

COMPLIMENTARY LASIK CONSULTATION

Get a professional assessment of your candidacy for LASIK with Dr. Benjamin. Learn how LASIK works and about other treatment options to permanently correct your vision. Free second opinions.

Call 310-299-2056 to schedule your consultation!



Are You a Candidate for LASIK?

Patients who have been told they are not eligible for LASIK treatment should not give up. Due to his experience, skill and the advanced technology in his office, Dr. Benjamin can sometimes provide these patients with LASIK.

Dry eye syndrome is one factor that can affect LASIK eligibility. "Patients who have dry eye may have been told they are not good candidates for LASIK," says Dr. Benjamin, "because the surgery can exacerbate dry eye symptoms, causing discomfort and potentially affecting the healing process. However, we can treat the dry eye first, making it possible for the patient to have success with LASIK."



Dr. Benjamin treated Cami's dry eye condition, making it possible for her to get LASIK. See her story on page 15.





STATE-OF-THE-ART LASIK SUITE

Dr. Benjamin has a state-of-the-art, climate-controlled LASIK suite located in his office. "We are at the forefront of LASIK technology," says Dr. Benjamin.

A series of HEPA filters clear the air of bacteria and other pathogens that could contaminate surgical equipment. The humidity and temperature is constantly maintained, improving the performance of the laser and ensuring outstanding results for patients.

I had poor vision (-4.25) in both eyes. I was wearing glasses and contacts for eight years. I was tired of it and was thinking about LASIK. Dr. Benjamin is professional, kind, caring and an excellent surgeon. The office is nice, everyone is professional and efficient. Now I can enjoy my vision glasses-free!

—Dasha, LASIK patient



How To Choose Your LASIK Surgeon

Choosing a qualified and highly skilled surgeon is not always an easy task, yet it can be vital to the success of a patient's LASIK experience.

Criteria To Use When Choosing a LASIK Surgeon

The following criteria are important to consider when searching for a qualified LASIK surgeon:

- **Experience:** Dr. Arthur Benjamin has performed thousands of refractive procedures over the past 25 years. His patients include movie stars, rock legends, politicians, physicians and his own family members—mother, daughter, brother, father-in-law and mother-in-law. Dr. Benjamin also had LASIK surgery himself and knows the procedure from both sides of the laser—as a surgeon and as a patient.
- **Technology and Resources:** “At Benjamin Eye, we have the latest and greatest technology available for diagnosis and treatment,” Dr. Benjamin says. “We control every aspect of the

laser vision correction process from start to finish, reducing the chance of complications or need for touch-ups. This includes our own in-office LASIK suite, a glass-enclosed space filled with the newest technology and with precise temperature and humidity control.”

- **Patient Education and Comfort:** Dr. Benjamin takes the time to explain the treatment step by step and patiently answer all questions his patients have. “Here, you will be received and listened to as if you were a close friend or relative,” says Dr. Benjamin. “Your questions will be clearly answered, and you will feel less stressed.”
- **Follow-Up Care:** Dr. Benjamin and his staff make sure to educate patients on proper aftercare and to follow up with them.

Your initial consultation at Benjamin Eye is an important chance for you to get to know your potential LASIK surgeon. Call 310-299-2056 today to schedule an appointment.

What if You're Not Eligible for LASIK?

Many patients have been told they are not candidates for laser vision correction. The optimal candidates for LASIK are typically adults with stable vision. “While LASIK is a safe, precise and effective procedure, not everyone is an ideal candidate,” says Dr. Benjamin. “We have comfortable, effective alternatives for patients who have been told they aren't candidates for LASIK.”

Factors that might disqualify individuals from undergoing LASIK include a history of dry eye, thin corneas, corneal scarring, large pupils or age. Individuals over the age of 40 may have presbyopia, a condition affecting near vision, which LASIK doesn't address.

In certain cases where LASIK is not an appropriate treatment, such as patients who experience dry eye or have thin corneas, Dr. Benjamin recommends PRK (photorefractive keratectomy). Similar to LASIK, PRK also uses a laser to reshape the cornea in order to improve the patient's vision.

Another procedure Dr. Benjamin uses is the placement of an intraocular lens (IOL), essentially a permanently implanted contact lens. One of the IOL options is called a phakic intraocular lens (PIOL). “This procedure takes about 10 minutes per eye and leaves the patient's natural lens untouched,” says Dr. Benjamin. “The beauty of this option is that it's totally reversible, and it may give better vision than LASIK.”



Cami's Story:

Walking Down the Aisle With **CLEAR VISION**

Thanks to Dr. Benjamin's treatment, Cami was able to fix her dry eyes, get LASIK and achieve vision better than 20/20 in time for her wedding day.

Cami Reviews Her LASIK Treatment:

It's been a year since I had my procedure. I feel like that is a good amount of time to review a procedure like this and give my honest thoughts and recommendations.

Choosing LASIK With Dr. Benjamin

After going to an optometrist for years, and him advising against LASIK because of my genetically dry eyes, I finally got a second opinion from an ophthalmologist (Dr. Benjamin).

I figured being in Los Angeles with some of the best doctors in the world, now was the time to get my eyes done. I chose Benjamin Eye Institute due to their reviews—they seemed to really know what they were doing.

Preparation and Treatment for Dry Eyes

Upon meeting Dr. Benjamin, he told me that I wasn't a candidate for LASIK with my dry eyes, but he could put me through treatments for dry eyes and reevaluate after, and that these treatments had a good success rate for most.

So, I started doing two treatments every other week for about two and a half months: IPL treatment and LipiFlow. LipiFlow was a painless experience, and I highly recommend anyone with dry eyes to ask about it, regardless of needing LASIK or not. My eyes felt way less dry a couple days after each treatment. Who knew this stuff existed?! I'm not gonna lie, it's an investment to do all these treatments on top of LASIK, but my eyes rarely feel dry anymore. So, if you're going to get it done, do it right.

The LASIK Procedure Experience

Finally, I was approved for LASIK. The procedure itself—I couldn't feel anything even though I was awake the entire time (medicated). Dr. Benjamin let me know about anything I might experience after the procedure in advance, so when some things occurred, I knew it was normal and just went with the flow.

Initially after the treatment, my eyes had some discomfort and felt odd, but I could see better than 20/20 immediately. It took a few weeks for my eyes to heal, but after one month, you couldn't even tell I had surgery.

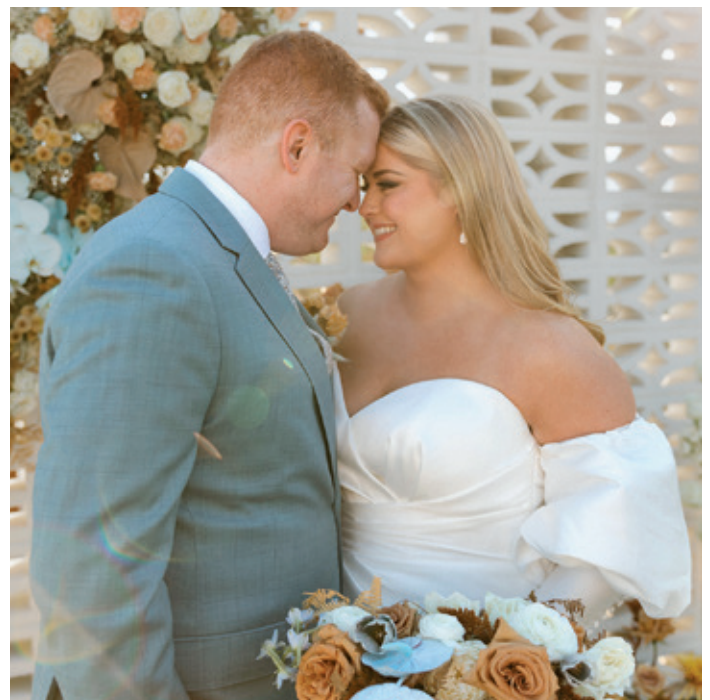
How LASIK Changed My Life

I have 20/15 vision now—that's better than 20/20. It's been life-changing for the past year not having to worry about contacts or glasses. I just got married, and I was able to walk down the aisle with clear vision. I only wish I had the means to have done this earlier in life. If you're considering it—do it! And definitely consider Dr. Benjamin to do it right.

A Message to Those Considering LASIK

I heard from people during the LASIK process that they have been nervous to get the procedure, so I wrote this to help, and because I think highly of Dr. Benjamin for changing my life. Again, I wish I would have been able to do this years ago. It is so, so worth it!

Thank you, Dr. Benjamin and staff! —*Cami Magnuson*



Real Patient Stories



“We have been patients of Dr. Benjamin for over 25 years. We came to Dr. Benjamin when my 78-year-old father had a failed cataract surgery from another doctor. From the first consultation, Dr. Benjamin won our trust with his knowledge and compassion. He successfully performed the cataract surgery and fixed the complications from the earlier surgery as well. The results were nothing short of miraculous. My mother then had both her eyes treated by Dr. Benjamin, and, seeing their improvements, I decided to address my vision problems with LASIK. After LASIK surgery, I could read and drive without glasses, giving me so much freedom.

“Some years later, due to normal aging, both my husband and I needed cataract surgery. The operations were a stellar success, continuing our appreciation and proving why Dr. Benjamin is the

only eye doctor for us. Finally, our granddaughter decided she wanted to correct her vision with LASIK. Her experience was as wonderful as ours, making it three generations impacted by his care! Our family is forever grateful to Dr. Benjamin and his team.” —Yelena and Konstantin, cataract surgery



“Benjamin Eye Institute is a modern, clean office. Dr. Benjamin is very informative about treatments and procedures. I never felt rushed during an appointment. After doing the dry eye treatment, I can now comfortably wear contacts again!”

—Steve, dry eye treatment



“I received a package of treatments for my dry eye as well as a beautiful pair of glasses! The staff are friendly, attentive and professional, and the office is state-of-the-art. My eyes feel amazing!”

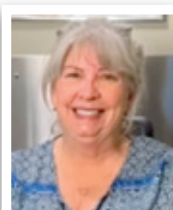
—Jama, dry eye treatment



“Between the laser surgery—which was painless—and the ocular implant, my life has changed

significantly just in the last 24 hours! Thank you!”

—Brian, cataract surgery



“I really was a nervous wreck. But nothing hurt, it was really quick, you made me feel so comfortable

and I really appreciate your patience. I had surgery yesterday, and I drove here today without glasses, and I can read better than 20/20. It could not have been better. Thank you, Dr. Benjamin!”

—Jane, cataract surgery



“LASIK has been the best decision I have ever made. I didn’t realize how much I took my vision for granted. The ability to see clearly day and night

has been incredible for me. I have been enjoying the little things that I can finally see clearly. I know it will continue to get better over time, and I have been genuinely happier.” —Andruw, LASIK



TEAMING UP WITH OPTOMETRISTS

Dr. Benjamin works with optometrists to co-manage patient care. The office makes sure the optometrists' patients are looked after and receive the best treatment for their condition.

Many patients have an optometrist they see for their vision needs. Benjamin Eye Institute works closely with referring optometrists to resolve the patient's eye issue. If the patient needs surgery, Benjamin Eye and the patient's optometrist work together to provide preoperative and postoperative care.

Benjamin Eye coordinates patient care with over 400 local optometrists and physicians. Dr. Benjamin knows that timely communication between his team and the optometrist's office is vital, and he has staff and technology devoted to making sure this occurs seamlessly.

Dr. Benjamin's office staff are friendly and knowledgeable and always go the extra mile to make sure patients are well cared for and understand procedures. His team stays up to date on the latest technologies and methodologies in order to offer patients the latest and best in care.

FOR OPTOMETRISTS

We want to be a surgical extension of your practice. We co-manage the following procedures. Call, text or email for more details.

- All Laser LASIK with Intralase and Wavelight® ALLEGRETTO EX500
- Topography-guided and wavefront-optimized LASIK
- Premium cataract surgery
 - FLACS with LENSAR, LenSx® or CATALYST™ FS lasers
 - Latest presbyopia correcting multifocal, EDOF, toric and non-diffractive EDOF IOLs
 - CALLISTO imaging and ORA SYSTEM® intraoperative aberrometry
- Phakic IOLs (Visian® ICL)
- MIGS: OMNI®, iStent, ECP, Streamline® and Hydrus®
- Premium dry eye treatments: OptiLIGHT IPL, Envision IPL, LipiFlow® and BlephEx®
- Pterygium surgery with conjunctival/amnio grafts and mitomycin C
- Cosmetic treatments: BOTOX®, Morpheus8 and IPL

All services are "no risk" to the patient, as we back up the refractive outcome with free enhancements on our own laser vision-correction equipment. To learn how co-management with Benjamin Eye Institute can benefit your patients and practice, contact our optometric liaison at 310-299-2056.

"I am thrilled to share the exceptional collaboration we've established with the Benjamin Eye Institute, focusing on premium surgical cataract, refractive and glaucoma care. Dr. Arthur Benjamin's expertise in these areas, combined with their cutting-edge technology, greatly enhances our patient care. Importantly, the Benjamin Eye Institute never encroaches but greatly complements the services offered by our optometry practice. Their dedication to specialized eye surgeries and advanced treatments ensures that our patients receive the best care possible. This partnership has significantly elevated our ability to provide top-tier eye care and we look forward to continuing this successful collaboration for many more years to come."

—Ryan Stybel,
OD
Positive
Eye Ons
Optometry



SERVICES



Located in the heart of West Hollywood, Benjamin Eye Institute is a leading one-stop destination for comprehensive eye care. The mission of the practice is to help people see well and look and feel great.

COMPREHENSIVE EYE CARE AND COSMETIC SERVICES

- General Ophthalmology
- Cataract Diagnosis and Premium Treatment
- Advanced Laser Options
- Premium IOLs (Multifocal, Toric, EDOF)
- Glaucoma Diagnosis and Treatment
- Medical and Laser Therapies
- Minimally Invasive Glaucoma Surgery (MIGS)
- Refractive Surgery
- LASIK and PRK
- Phakic ICL and RLE
- Treatment of External Eye Conditions
- Dry Eye and Blepharitis
- Stye Management
- Premium Dry Eye Solutions
- TearLab, RF, IPL, LipiFlow®, BlephEx®
- Diabetic Eye and Retinal Care
- Cosmetic Services
- BOTOX®
- Fillers
- Morpheus8 (Radiofrequency)

EMERGENCY EYE CARE

In the event you experience any of these symptoms, contact Benjamin Eye Institute:

- Red, painful eye
- Floaters and flashing lights
- Sudden loss of vision
- Traumatic eye injury
- Scratched cornea
- Corneal ulcers
- Contact lens related emergencies
- Double vision

Our motto: If you think it's an emergency, we think it's an emergency!

Call 310-299-2056 to get same-day professional help. (On the weekend, please call the emergency room.)

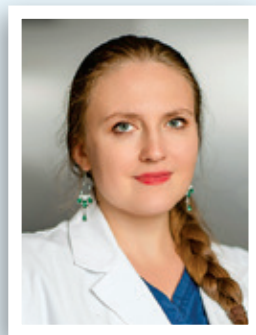
Benjamin Eye Institute offers services to meet all of your vision care needs.

Call 310-299-2056 to schedule an appointment.

OPTOMETRY AND OPTICIAN SERVICES

Benjamin Eye Institute has a full-time optometrist (see right) and a full-time optician who provide the following services:

- Comprehensive eye exams
- Diagnosis and management of eye conditions
- Preoperative and postoperative care
- Low-vision management
- Contact lens fittings
- Multifocal and progressive lenses, including Varilux® XR. Varilux XR lenses are crafted from over 1 million data points. Powered by AI, this lens understands how eyes truly move, providing seamless switches from near to far distances. Ninety-seven percent of wearers reported better vision compared to their current high-end progressive lenses.



Dr. Irina Yakubin Optometrist

Dr. Yakubin is Benjamin Eye Institute's full-time optometrist, providing comprehensive eye care services and corrective eyeglasses and lenses. She is an active board member of the LA Optometric Society

and has written several articles contributing to the advancement of the profession.

Dr. Yakubin works closely with Dr. Benjamin to treat patients, providing pre-operation and post-operation services for surgery patients, as well as examinations, vision testing and corrective lens prescriptions.



Benjamin Eye Institute's optical boutique carries high-quality and fashion frames. The optical boutique uses the best-quality lenses.



17-year-veteran optician, Christoph, fits glasses on a patient.

CALL 310-299-2056 to schedule an appointment.

PAYMENT OPTIONS

- Most treatments are covered by medical and health insurance. Some optional services might not be included.
- The office accepts cash, check, debit and credit cards, and Apple Pay.
- LASIK no-interest financing for one year
- Financing with CareCredit®



FACIAL AESTHETICS

The office uses advanced technology to safely and effectively smooth wrinkles, improve tone and texture of skin and remove age spots. Treatments include Morpheus8, Envision IPL and RF treatments, as well as BOTOX® and dermal fillers.

Benjamin Eye Institute
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LIFE IS
BEAUTIFUL.
SEE IT.
ENJOY IT.



FULL EYE CARE AND SURGERY SERVICES • LASIK



LASIK Vision Correction and Treatment for Dry Eye, Cataracts, Glaucoma and other eye symptoms, including:

- General eye discomfort
- Sensitivity to glare
- Vision changes
- Halos around lights
- Cloudy or blurred vision
- Excessive tearing
- Fading or yellowing of colors
- Redness
- Fatigued eyes

CALL 310-299-2056 To Schedule a Consultation With Leading Eye Doctor and Surgeon Dr. Arthur Benjamin.

benjamineye.com