

Life in

# FOCUS

*Your Journey to Optimal Vision*

## FACIAL AESTHETICS

**YOUR EYES DESERVE  
A BEAUTIFUL FRAME:**

How Morpheus 8, IPL and Tixel®  
Treatments Complete Your Vision Journey

## VISIAN EVO ICL

**THE LASIK ALTERNATIVE  
YOU HAVEN'T HEARD ABOUT:**

Why Visian® EVO ICL Is  
Changing Refractive Surgery

## DRY EYE

**THE TRIPLE THREAT  
AGAINST DRY EYE:**

How Our Customized IPL,  
RF and Tixel Approach  
Ends Discomfort For Good

## CATARACT SURGERY

**SEE THE FUTURE CLEARLY:**

LENSAR® Laser Precision  
and ENVY Multifocal IOLs  
Restore Vision at Every Distance

**ARTHUR BENJAMIN, MD**  
*Board-Certified Ophthalmologist*

## LASIK

**BEYOND 20/20:**

How LASIK Can Give You  
Vision That Outperforms  
Glasses and Contacts





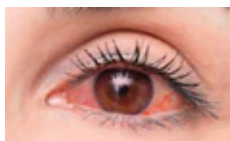
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**310.299.2056**  
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Over 500 5-Star Google and Yelp Reviews

**OFFICE HOURS**  
Monday–Friday  
8 a.m.–5 p.m.



## DRY EYE

*See Page 6*



## Cataracts

*See Page 10*



## LASIK

*See Page 14*

- 4** New Patient Evaluation and Consultation
- 6** Solutions for Dry Eye
- 8** Tixel i®: 2 Minutes to Dry Eye Relief
- 9** Refresh Your Appearance With TIXEL 2®
- 10** Correcting Cataracts
- 14** LASIK—Your Vision, Transformed
- 16** Visian® EVO ICL Solution
- 17** Patients Share their Experiences
- 18** Teaming Up With Optometrists
- 19** Benjamin Eye Institute Services

## A Message From **Dr. Benjamin**

“At Benjamin Eye Institute, we treat everything, everywhere, all at once—because how you see, how you feel and how you look are all deeply connected. Our holistic approach to eye care goes beyond symptoms. Whether it’s dry eye, vision correction, or rejuvenation, we combine cutting-edge technologies with decades of expertise to deliver results that enhance your comfort, clarity and confidence. It’s not just about seeing better—it’s about living better.”

—Arthur Benjamin, MD

*Knowledgeable, Cutting-Edge*

# EYE CARE SPECIALIST

***“Life is beautiful. See it!” says Dr. Arthur Benjamin. “We provide a full range of services and tailor our treatments to make sure everyone can see the world the best they can and that they look and feel great doing it.”***

## AN EXPERIENCED EYE CARE TEAM

Dr. Benjamin is among California’s leading eye doctors. Board certified by the American Board of Ophthalmology, he has been in practice for over 30 years and performed more than 30,000 surgeries. Dr. Benjamin’s team of eye care professionals has many decades of combined experience and can treat any eye disease, injury or condition.

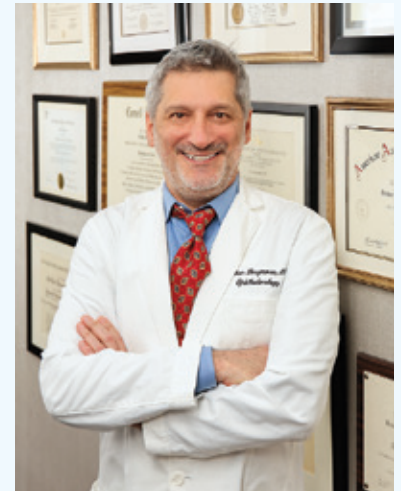
## STATE-OF-THE-ART TECHNOLOGY

Dr. Benjamin uses state-of-the-art technology in all of the treatments he provides. This includes his advanced surgical suite for performing LASIK procedures, and the latest and most effective equipment and techniques to treat dry eye and cataracts. “A patient’s treatment options can be limited by a doctor’s equipment and experience,” he says. “We spare no effort in acquiring the most advanced diagnostic and treatment technologies.”

## ARTHUR BENJAMIN, MD

Board-Certified Ophthalmologist

Dr. Benjamin graduated from Cornell University and then attended medical school at Duke University. He completed his internship at Harbor-UCLA Medical Center and his ophthalmology residency at Jules Stein Eye Institute at UCLA—one of the most prestigious ophthalmology clinics in the world.



He has been named “Best Eye Doctor” by LA Magazine and “Best LASIK Surgeon in LA” by Vision Center. He is one of a very small number of surgeons in the LA area specializing in complicated cataract surgery. Dr. Benjamin is also an Assistant Clinical Professor at Jules Stein Eye Institute, teaching students the latest surgical and medical advances in ophthalmology.

“Ophthalmology is the most amazing medical specialty,” says Dr. Benjamin. “Our treatments are transformative and life-changing. The ‘wow’ that my patients experience after treatment is incredibly rewarding!”



***“Dr. Benjamin is a leader in his field and has an empathetic connection with all who rely on him and his team to take care of their eyesight.” —J.K.***



Dr. Benjamin explains patients’ eye conditions and treatment clearly and in detail.

# NEW PATIENT EVALUATION & CONSULTATION

*Dr. Benjamin specializes in the diagnosis and treatment of eye disorders, including cataract surgery and LASIK vision correction. Every evaluation begins with a thorough examination of the patient's eyes.*

**W**hen a new patient comes to Benjamin Eye Institute, they receive a warm welcome followed by an in-depth examination of their eye and visual health. Dr. Benjamin evaluates all of the tests to identify any problems and determine the best course of treatment to improve the patient's vision and future eye health. He then goes over the results with the patient in detail, clearly explaining the options. John, a patient, says, "Dr. Benjamin is smart, knowledgeable and up to date on the newest and most effective treatments, and he both listens and takes the time to explain all treatment options."

## PRECISE DIAGNOSIS

Dr. Benjamin has the knowledge and the technology to make a precise diagnosis. "The patient may be experiencing general discomfort, redness, tearing, or vision changes," he says. "During a comprehensive examination, I can identify the issue, including any early signs of cataracts, glaucoma or dry eye that the patient may not have been aware of."

## TAILORED EXAMS AND CONSULTATIONS

All new patients receive comprehensive testing and examination. Patients with certain conditions undergo additional testing and evaluation as needed.



**Cataract Consultation:** Extra attention is given to a patient's daily activities and visual demands. The doctor checks for complicating factors such as glaucoma, diabetes or dry eye, and designs an appropriate treatment plan.

**Dry Eye Evaluation:** Many patients with dry eye are frustrated by the ineffectiveness of previous treatments. This often results from a misdiagnosis or failure to address the underlying cause. Dr. Benjamin performs careful testing to ensure an accurate diagnosis and effective treatment.

**Complimentary LASIK Consultation:** Dr. Benjamin assesses the patient's eye health and discusses their visual goals to determine whether they are a good candidate for LASIK.



*"We have been patients of Dr. Benjamin for over 25 years..."*

*"Our family is forever grateful to Dr. Benjamin and his team."*

Read Yelena and Konstantin's full testimonial on page 17.

Dr. Benjamin examines patients' eyes with a slit lamp—a microscope used to detect eye disease.



# Examination Steps

## BENJAMIN EYE INSTITUTE CAN HELP YOU!

*Are you experiencing any of the following?*

- Dry eyes
- Cataracts
- Glaucoma
- General eye discomfort
- Redness
- Excessive tearing
- Fatigued eyes
- Cloudy or blurred vision
- Sensitivity to glare
- Fading colors
- Yellowing of colors
- Halos around lights
- Flashing floaters



Do you wear glasses or contacts but would like to have perfect vision?

**Start seeing life more clearly; schedule your consultation today.  
Call 310.299.2056.**



### 1. PATIENT ARRIVES

Each new patient is warmly greeted at reception. They start the examination process with comprehensive eye tests.



### 2. VISION TESTS

The patient's vision is tested for visual acuity (sharpness), astigmatism and color vision. If applicable, their current glasses or contact prescription is evaluated.



### 3. ADVANCED VISION TESTING

Dr. Benjamin uses specialized equipment to detect tiny imperfections in an eye's optics. This aids in a more precise diagnosis and treatment plan.



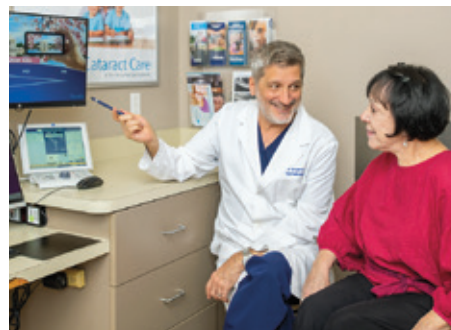
### 4. DRY EYE TESTING

Testing and an in-depth assessment of the eyelid and lubricating glands are done to detect potential dry eye conditions.



### 5. RETINA TEST

A special retinal camera is used to detect retinal holes, tears, detachments, diabetic retinopathy and macular degeneration.



### 6. CONSULTATION WITH THE DOCTOR

Dr. Benjamin meets with the patient and—using detailed video presentations—discusses the examination results and treatment options.

*Constantly rubbing your eyes?  
Eye drops not giving enough relief?*

GOODBYE  
**DRY EYE**

**ADVANCED SOLUTIONS THAT WORK**  
*Dr. Benjamin has treatment options to provide relief—even for patients who think they have tried everything.*

**D**ry eye syndrome affects over 30 million people in the United States. It is one of the most common reasons people visit their eye doctor. People are often unaware that they suffer from dry eye and may think that their symptoms are the result of other eye problems.

“Many patients ask for eye drops to relieve the itching or redness they believe is associated with allergies,” says Dr. Benjamin. “Itching isn’t necessarily related to allergies. It is essential to determine the correct source of the problem. In our office, we offer dry eye testing as well as a test that determines how patients react to the 60 most common allergens. From this, we can diagnose more accurately and provide relief.”

**WHAT IS DRY EYE?**

Dry eye is characterized by a lack of sufficient lubrication and moisture on the surface of the eye. The condition occurs when the eye can’t produce enough tears. It most commonly occurs as a result of aging; tear production decreases; blockage of the meibomian glands (lubricating oil glands in the eyelid); medical conditions such as diabetes; certain medications; or environmental factors

such as a dry climate. Dry eye symptoms can include:

- Stinging or burning sensation in the eyes
- Itchy eyes
- Eye redness
- Mucus in or around the eyes
- Feeling that something is in your eye
- Eye fatigue after short period of reading or computer use
- Excessively watery eyes
- Sensitivity to light
- Difficulty wearing contact lenses

**EXAMINATION AND CONSULTATION**

Dr. Benjamin examines the patient’s tear film (the lubricating surface of the eye), meibomian (oil) glands, eyelid function and the presence of other factors to determine the exact causes of a patient’s dry eye. “The goal is not to treat symptoms of dry eye,” says Dr. Benjamin. “We are finding the underlying causes of the condition so we can effectively remedy it.”

**WHAT ARE MEIBOMIAN GLANDS?**

These tiny oil-producing glands in your eyelids are essential for comfortable vision. When they don’t work properly, dry eye symptoms develop.

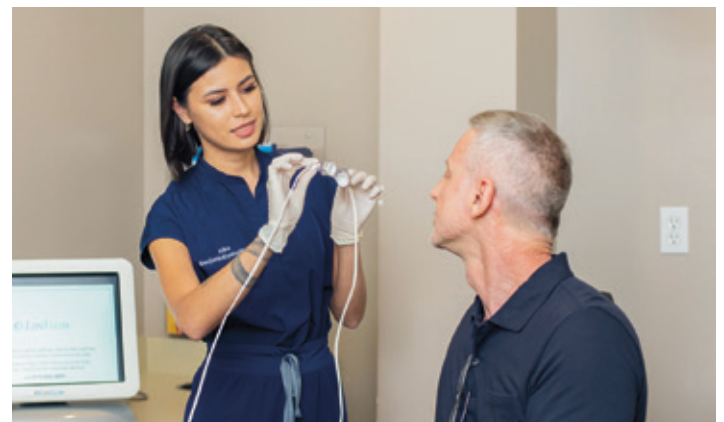


**COMFORT RESTORED**

*“After doing the dry eye treatment, I can now comfortably wear contacts again!”*

—Steve

Read Steve’s full testimonial on page 17.



# Treatment Options For Dry Eye

Dr. Benjamin offers state-of-the-art solutions for dry eye. The main causes of dry eye are eye inflammation and blockages or dysfunction of the meibomian glands in the eyelids, which are responsible for producing lubricating oil. Dr. Benjamin recommends the appropriate treatment based on the diagnosis, often including a combination of treatments.

“We offer every effective method and device for treating dry eye,” he says. “We’re uniquely equipped to tailor a treatment plan that’s just right for the patient.”

## Meibomian Gland Dysfunction Treatment: Releases the Eyelid’s Lubricating Oils



### Radiofrequency Treatment

Inmode Envision has a radiofrequency mode (high-frequency electric current) that safely heats the meibomian glands in the eyelids. This alleviates blockages and opens up the gland.



### LipiFlow® Treatment

LipiFlow comfortably delivers a combination of heat and therapeutic motion to the eyelids to effectively express blockages and open the passages found in the meibomian glands.



## Intense Pulse Light (IPL) Treatment: Reduces Inflammation and Removes Oil Gland Blockage

Light therapy is used to gently heat the glands in the eyelid (meibomian glands) responsible for producing lubricating oils, liquefying dried up oils and allowing a free flow once again. It also treats eye inflammation and eliminates bacteria. Dr. Benjamin uses state-of-the-art IPL devices—OptiLight and Inmode Envision. Inmode Envision is especially effective for people with dry eyes caused by inflammation. It employs a higher light intensity, allowing it to penetrate to the root of the inflammation. Fewer sessions are required than traditional IPL.

## Tixel® Technology

This innovative thermal fractional treatment creates micro-perforations in the skin without direct contact. Tixel rejuvenates skin texture and improves elasticity while simultaneously benefiting patients with dry eye and blepharitis by promoting healthier eyelid tissue and meibomian gland function.



## Dry Eye Exam & Consultation

If you are suffering from dry eye, you can schedule a consultation with Dr. Benjamin to get a precise diagnosis and learn about your treatment options. Your exam and consultation includes:



- Advanced testing to diagnose the precise causes of your dry eye.
- Clear explanation of the results by Dr. Benjamin.
- Review of treatment options.

**Learn more about our dry eye treatment options. Call 310.299.2056 today to schedule a consultation.**

*Gentle Heat & Pressure to Improve Eyelid Gland Function*

# Tixel i: Two Minutes to Dry Eye Relief

*Tixel i<sup>®</sup> is an FDA-cleared treatment for Evaporative Dry Eye resulting from Meibomian Gland Dysfunction (MGD). Tixel uses precisely controlled heat to restore/improve eyelid gland function. Powered by Thermo-Mechanical Action<sup>®</sup>, this treatment consists of short pulses (6 milliseconds) of high heat applied via gentle pressure from the proprietary, self-disinfecting, Titanium-coated tip.*



**DRY EYE**

The prevalence of dry eye is on the rise. It is estimated that 30 million people in the U.S. suffer from the symptoms which can include:

- Itching
- Stinging
- Redness
- Light sensitivity
- Eye fatigue
- Blurry vision
- Watering/tearing

Not all dry eye is the same. These symptoms can be the result of excessive digital screen time for work or entertainment, often because we forget to blink. Certain eye surgeries (such as LASIK or cataract surgery), can exacerbate dry eye.

However, many people have problems with their glands that cause evaporative dry eye.

**EVAPORATIVE DRY EYE**

Tears are necessary to help lubricate, protect and nourish our eyes. Without a steady flow of tears, eye irritation will result.

In evaporative dry eye, the meibomian glands can start to deteriorate or become blocked which leads to a shortage of protective oil on the surface of your eyes and quicker-than-normal evaporation of the tear layer.

Tixel i treatments focus on rejuvenating the eyelid glands so

your tear layer is well-balanced and does not evaporate as quickly.

**WHAT TO EXPECT DURING TIXEL I TREATMENT**

All you need to do is relax! The clinician will gently cleanse your eyelid areas and an analgesic gel may be applied prior to treatments. The disinfected handset is placed gently on your upper and lower

eyelids so short pulses of heat can be applied through a matrix of superficial thermal dots to improve gland function. You'll feel warmth and gentle pressure on your eyelids for a total of two minutes for both eyes. Immediately after treatment, you may experience temporary eye watering or blurry vision.

**Simplicity:**

- No radiation
- No anesthesia required
- Comfortable treatment—the handpiece does not touch the eye
- Can be performed by ophthalmologists, optometrists or trained clinicians

**Relief:**

- No downtime—return to normal activities immediately after treatment
- Effective—patients report significant reduction in symptoms
- The extended study showed no reduction in efficacy over six months



*Experience relief from dry eye symptoms!*

*Call 310.299.2056.*



Eyes - Face - Neck

All ages, all skin tones, all year round

# REFRESH YOUR APPEARANCE WITH TIXEL 2!



## TIXEL 2® FRACTIONAL SKIN REJUVENATION

We are excited to offer patients a minimally invasive method to restore smoother, tighter and younger-looking skin on the body, face, eyelids, neck or hands. Tixel 2 is a fractional skin rejuvenation system designed to treat stubborn skin conditions.

The secret behind Tixel 2 is Thermo-Mechanical Action (precisely controlled heat). Once gently applied to your skin, this sophisticated technology produces incredible aesthetic results. It's suitable for all skin types and all ages and can be safely used year-round in any climate.

### TREATMENT AREA OPTIONS

- Forehead lines (worry lines)
- Frown lines (glabellar lines)
- Eyelid Wrinkles
- Crow's feet (periorbital lines)
- Swollen mounds under the lower eyelid
- Smile lines (nasolabial folds)
- Lip lines
- Creased chin
- Neck lines
- Décolleté (chest)
- Stretch marks



### HOW TIXEL 2 WORKS

The patented titanium tip is heated with thermal energy. Then the handpiece is moved across the treatment areas, briefly contacting the skin and providing uniform coverage. For optimal results, most patients will require three to four treatment sessions, spaced one month apart.

### WHAT TO EXPECT AFTER TREATMENT

- Slightly swollen and pink skin for three to four hours
- Mild erythema and heat sensation for two to three hours
- Downtime from zero to two days, depending on treatment intensity

- Micro-crusting disappears in about three days
- The effectiveness of Tixel has been scientifically validated by dozens of clinical publications.

*Schedule an appointment with our team to find out if this treatment is right for you. Call 310.299.2056*

## Simple Elegance™

The simplicity and elegance of Tixel 2 is undeniable.

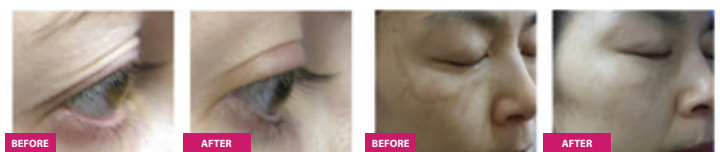
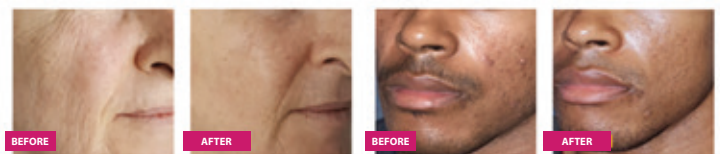
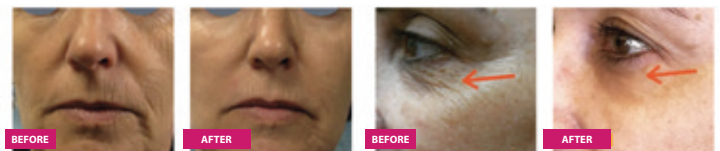
### Simplicity

- No anesthesia
- Non-invasive, no bleeding
- Low pain
- Minimal downtime (two days or less for most patients)

### Elegance

- Treats skin conditions from head to toe
- Suitable for all skin types and all ages
- Can be used year-round, even in summer
- Radiation-free, safe and easy for patients and clinicians

## Tixel Treatment Results





A cataract is clouding of the eye lens. Over time, it progressively covers the eye—causing blurriness and cloudy vision, along with fading or yellowing of colors.



Dr. Benjamin performs state-of-the-art laser surgery to correct cataracts and restore clear, bright vision to his patients.

# CORRECTING CATARACTS

Cataracts are most commonly the result of aging. Proteins in the eye's lens break down, clumping together and clouding areas of the lens. Left untreated, they eventually lead to blindness. Aside from congenital, health or environmental factors, cataracts usually begin to appear after age 40.

Over time, the cataract can continue to grow and cause increasingly impaired vision. When Dr. Benjamin detects a cataract in its early stages, he can recommend strategies to slow its progression.

## HOW CATARACTS AFFECT VISION

Cataract symptoms may be very mild at first. As the cataracts grow, they can cause changes in a person's vision, including:

- Cloudy or blurry vision
- Double vision
- Fading colors
- Poor night vision
- Light sources that appear too bright

- Halos around lights
- Frequent changes to prescription lenses

## LASER-ASSISTED CATARACT TREATMENT

Cataract surgery at Benjamin Eye Institute starts with precise, computer-assisted incisions in the cornea and lens using a laser. The small incisions are self-healing and typically won't require stitches.

The laser is used to soften and break apart the cloudy lens, which is then removed using ultrasonic energy or another specialized instrument, after which Dr. Benjamin carefully inserts an artificial lens. Thanks to his use of the latest technologies, he can often treat both eyes in a single visit.

## GLAUCOMA MANAGEMENT IN CATARACT PATIENTS

Many cataract patients also have glaucoma. These patients are expertly managed and can also receive minimally invasive glaucoma procedures at Dr. Benjamin's office.

## CATARACT SURGERY MYTHS VS. FACTS

**MYTH #1: "Cataract surgery is risky and painful."**

**FACT:** Cataract surgery is one of the safest and most common surgeries worldwide. Most patients experience little to no discomfort, and recovery is usually quick. Most patients return to normal activities within a few days to a week.

**MYTH #2: "Only older adults get cataracts."**

**FACT:** Cataracts are more common with age, but they can also result from injury, certain medications, or medical conditions—even in younger people.

**MYTH #3: "Cataracts can grow back."**

**FACT:** Cataracts can't return once removed. However, a cloudy membrane (posterior capsule opacification) may form and can be corrected with a quick laser treatment.

**MYTH #4: "You don't need surgery if you can still see."**

**FACT:** If cataracts affect quality of life (e.g., driving, reading), surgery may be recommended even if some vision remains.

**MYTH #5: "Cataracts must be 'ripe' before surgery."**

**FACT:** Cataracts don't need to be fully developed before surgery; it's done when vision interferes with daily life.

**Start seeing life more clearly!**

**Schedule your consultation at 310.299.2056**

# Why You Should Choose DR. BENJAMIN FOR YOUR CATARACT CARE

## EXPERIENCED REFRACTIVE CATARACT SURGEON

Dr. Benjamin has successfully performed cataract surgery on thousands of patients. He is not just any cataract surgeon—he is a refractive cataract surgeon. He goes beyond simply removing the cataract and replacing the lens, he optimizes the patient's vision using advanced multifocal lenses. Refractive cataract surgery can correct near- and farsightedness, as well as astigmatism. "My goal is to free my patients from the need to wear visual aids—glasses and contacts," says Dr. Benjamin.

## THE LATEST TREATMENT OPTIONS

Dr. Benjamin invests in the latest and most advanced ophthalmic equipment and technology, and he operates out of a state-of-the-art surgery center. "Cataract treatment has advanced significantly in recent years," he says. "Every new technology brings improved results. We stay abreast of the latest technology to ensure top-notch care for our patients."

## STATE-OF-THE-ART SURGERY CENTER

For surgeries such as cataract removal, Dr. Benjamin performs procedures at a state-of-the-art surgery center, which is equipped with the latest eye surgery technology and offers patient recovery rooms and a friendly, well-trained staff.

## HIGHLY EDUCATED

Dr. Benjamin graduated with honors from Cornell University and Duke University School of Medicine. He trained at the distinguished Jules Stein Eye Institute at UCLA, where he now teaches students and medical residents as a Clinical Assistant Professor. In addition,



Dr. Benjamin is committed to constantly honing his skills through continuing education.

## FRIENDLY, CARING AND COMFORTABLE

Dr. Benjamin always takes the time to answer questions and address any concerns. Patients frequently comment on Dr. Benjamin and his team's friendliness, caring manner and empathy. "Dr. Benjamin is not only highly skilled, but also incredibly compassionate," says Albina, a patient. "He took the time to listen to my concerns and provided a thorough examination. The entire staff was friendly and professional, making the visit even more pleasant."

## GUARANTEED RESULTS

"The best thing about our cataract service is we guarantee a refractive outcome," says Dr. Benjamin. "The way we do that is by including complimentary laser vision correction, if needed, for patients who had premium cataract surgery and still find themselves needing to use glasses."



## VISION AT EVERY DISTANCE

*"Dr. Benjamin used the latest advancements in cataract surgery. He gave me multifocal lenses, so now I have clear vision at all distances."*

—Konstantin

# Dr. Benjamin Answers Frequently Asked Questions About Cataracts



## WHAT IS A CATARACT?

A cataract is a clouding of the eye's lens. It causes blurred vision and can develop with age, UV exposure or certain medical conditions.

## WHAT CAUSES CATARACTS?

Cataracts can be caused by aging, UV radiation, diabetes or medication. They result in a clouding of the eye lens, affecting vision.

## WHAT ARE CATARACT SYMPTOMS?

Symptoms include blurry vision, sensitivity to light and difficulty seeing at night. Cataracts progressively impair vision and may require surgical intervention.

## HOW IS CATARACT DIAGNOSED?

Diagnosis involves a comprehensive eye exam, assessing visual acuity and pupil dilation to detect the presence and severity of cataracts.

## WHAT'S INVOLVED IN CATARACT SURGERY?

Cataract surgery entails removing the cloudy lens and replacing it with an artificial lens, restoring clear vision. It's a common and safe outpatient procedure.

## WHAT IS THE BEST LENS FOR TREATING CATARACTS?

Patients often come in asking me for "the best lens" to treat their cataracts. The truth is, there is no one size-fits-all answer. What you need is the "best lens for YOU." I do a thorough exam and diagnosis and take into account many factors to determine the best lens solution for each patient. We constantly monitor the latest developments in lens technology in order to provide the best and widest selection of lens options available.

## AT WHAT AGE DO CATARACTS DEVELOP?

Cataracts are more common in those over 60 but can develop earlier. Regular eye check-ups help detect and manage cataracts as they form.

## CAN CATARACTS BE PREVENTED OR SLOWED?

Lifestyle changes like UV protection, a balanced diet and avoiding smoking may help slow cataract progression, although prevention is not always possible.

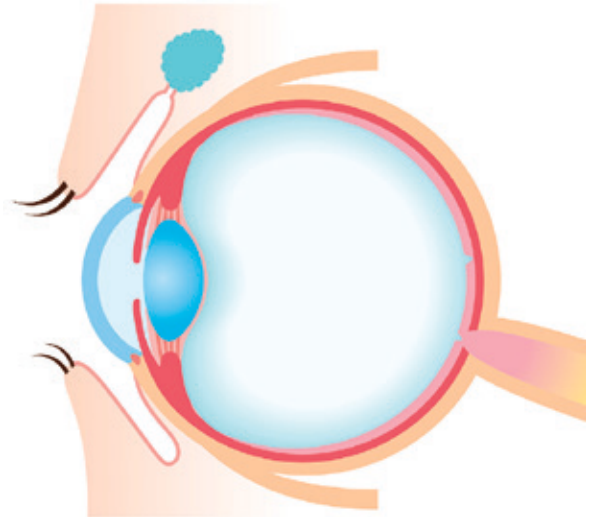
***Call 310.299.2056 today to begin your journey to better vision!***

# The Importance of Treating Dry Eye Before Cataract Surgery and LASIK

*The ocular surface plays a pivotal role in ensuring successful outcomes in eye surgeries, particularly in procedures like LASIK and premium cataract surgery. Prioritizing the health of the ocular surface, specifically addressing dry eye, is crucial for several reasons.*

Dry eye syndrome, characterized by insufficient tear production or poor-quality tears, can adversely impact the surgical process and outcomes.

A compromised ocular surface can lead to inaccurate preoperative measurements, affecting the precision of calculations for procedures like premium cataract surgery. Additionally, dry eye symptoms may worsen postoperatively, leading to discomfort and delayed visual recovery.



## Challenges of Cataract Surgery in Patients Who Previously Had LASIK/PRK

Cataract surgery in individuals with a history of LASIK or PRK poses challenges due to altered corneal anatomy. Reshaping the cornea during these refractive surgeries complicates accurate intraocular lens (IOL) power calculations, demanding advanced biometry techniques. The potential for residual refractive errors and dry eye exacerbation necessitates meticulous preoperative evaluation and management.

Special considerations in IOL selection, whether monofocal, multifocal or toric, should align with the patient's visual needs and pre-existing refractive issues. Postoperative follow-up is critical for detecting any complications or remaining refractive errors promptly.

An experienced surgeon familiar with the nuances of corneal changes, like Dr. Benjamin, is essential for optimal outcomes. Collaborative decision-making between the surgeon and patient sets realistic expectations and addresses individual concerns.



## Cataract Exam & Consultation

If you think you may have cataracts, schedule a consultation with Dr. Benjamin to get a precise diagnosis and learn your treatment options.

### Your exam and consultation include:

- Advanced testing to detect cataracts and any other disorders or malfunctions of the eye.
- Clear explanation of the results by Dr. Benjamin.
- Review of treatment options.

**Call 310.299.2056 to schedule your consultation!**

# LASIK

YOUR VISION, TRANSFORMED

*Dr. Benjamin has over 25 years of experience with LASIK and has performed thousands of procedures to restore his patients' vision.*

**L**ASIK is an FDA-approved laser eye surgery to correct poor vision. It is painless, fast and effective. Dr. Benjamin and his team are highly experienced in providing LASIK, and their patients enjoy excellent vision without needing glasses or contacts.

"I wore glasses for the majority of my life," says Kate, a patient. "Since I got LASIK treatment, my life has changed—thanks to Dr. Benjamin!"

## WHAT ARE THE STEPS OF THE LASIK PROCEDURE?

LASIK is performed on each eye separately, taking roughly five minutes per eye. Dr. Benjamin applies numbing eye drops to keep the patient comfortable during the procedure. He then uses an advanced laser to create a thin flap, allowing him to access the cornea. He uses a cool ultraviolet light to remove microscopic amounts of tissue and reshape the cornea. The flap is placed back, covering the area and allowing it to heal naturally.



*Dr. Benjamin treated Cami's dry eye condition, making it possible for her to get LASIK.*

*See her story on page 17.*



Typically, patients report that they can see clearly within 24 hours after surgery.

## ARE YOU A CANDIDATE FOR LASIK?

Patients who have been told they are not eligible for LASIK treatment should not give up. Due to his experience, skill and the advanced technology in his office, Dr. Benjamin can sometimes provide these patients with LASIK.

"Determining one's candidacy for laser vision correction should not be taken lightly," says Dr. Benjamin. "While LASIK is a safe, precise and effective procedure, not everyone is a great candidate. For patients who suffer from thin corneas, corneal scarring, large pupils or a history of dry eye, LASIK may not be an option."

Dr. Benjamin offers alternatives for patients who are not ideal candidates for LASIK, such as permanently implanted contact lenses; PRK, a procedure similar to LASIK that can work better for some patients; or Visian® EVO ICL (see page 16).

## COMPLIMENTARY LASIK CONSULTATION

Get a professional assessment of your candidacy for LASIK with Dr. Benjamin. Learn how LASIK works and about other treatment options to permanently correct your vision. Free second opinions.

**Call 310.299.2056 to schedule your consultation!**



## State-of-the-Art LASIK Suite

Dr. Benjamin has a state-of-the-art, climate-controlled LASIK suite located in his office. "We are at the forefront of LASIK technology," says Dr. Benjamin.

A series of HEPA filters clear the air of bacteria and other pathogens that can contaminate surgical equipment. The humidity and temperature is constantly maintained, improving the performance of the laser and ensuring outstanding results for patients.

*"I had poor vision (-4.25) in both eyes. I was wearing glasses and contacts for eight years. I was tired of it and was thinking about LASIK. Dr. Benjamin is professional, kind, caring and an excellent surgeon. The office is nice; everyone is professional and efficient. Now I can enjoy my vision glasses-free!"*

*—Dasha, LASIK patient*



Been told you aren't a candidate for LASIK?  
Want a reversible option? Achieve perfect vision with

# VISIAN EVO ICL



For years, LASIK has been the refractive procedure of choice for patients seeking freedom from glasses and contacts. However, the innovative Visian® EVO Implantable Collamer Lens (ICL) has quietly revolutionized the field, evolving from a niche solution for patients with thin corneas to a preferred option for people with higher degrees of myopia, younger patients and patients who prefer a reversible treatment.

## BEYOND A LASIK ALTERNATIVE

The Visian EVO ICL was initially developed for patients who weren't candidates for LASIK due to high prescriptions or thin corneas. Today, it's increasingly chosen first by patients and surgeons alike—even for those who qualify for laser procedures.

"What we're seeing is a paradigm shift," explains Dr. Arthur Benjamin, ophthalmologist at Benjamin Eye Institute. "When patients with significant nearsightedness—particularly those with prescriptions of -6.00 or higher—understand the advantages of Visian EVO ICL, they often choose it over LASIK, even when both options are available to them."

## SAFETY FIRST, NO CORNEAL COMPROMISE

Unlike LASIK, which permanently removes corneal tissue, the Visian EVO ICL procedure preserves the cornea's integrity. This biocompatible lens is placed between the iris and natural lens, working in harmony with your eye's natural structures.

The procedure involves no tissue removal, significantly reducing risks associated with corneal weakening or dry eye syndrome, which can occur with laser procedures. This makes Visian EVO ICL an excellent option for patients with active lifestyles, thin corneas, or dry eye concerns.

## EXCEPTIONAL VISION QUALITY

For patients with moderate to high nearsightedness, the Visian EVO ICL often delivers superior visual outcomes compared to LASIK. The advanced optics of the ICL provide exceptional night vision and contrast sensitivity, with many patients reporting their vision is better than what they experienced with glasses or contacts.

"The quality of vision with Visian EVO ICL is truly remarkable," notes Dr. Benjamin. "Patients with high

prescriptions often tell us they're seeing details they never noticed before, even with their best correction."

## PRESERVING FUTURE OPTIONS

One of the most significant yet often overlooked advantages of Visian EVO ICL is how it preserves future vision correction options. Unlike LASIK, which alters the cornea's natural aspheric shape, Visian EVO ICL maintains the cornea's original structure—a crucial factor for optimal outcomes in future cataract surgery.

"Investing in Visian EVO ICL today is not just about achieving crystal clear vision now," explains Dr. Benjamin. "It's about protecting your visual potential decades from now. By preserving your cornea's natural shape, EVO ICL ensures you'll remain an excellent candidate for premium multifocal lens options when cataract surgery becomes necessary later in life."

This consideration is especially important given that nearly everyone will eventually develop cataracts. With Visian EVO ICL, you're making a decision that

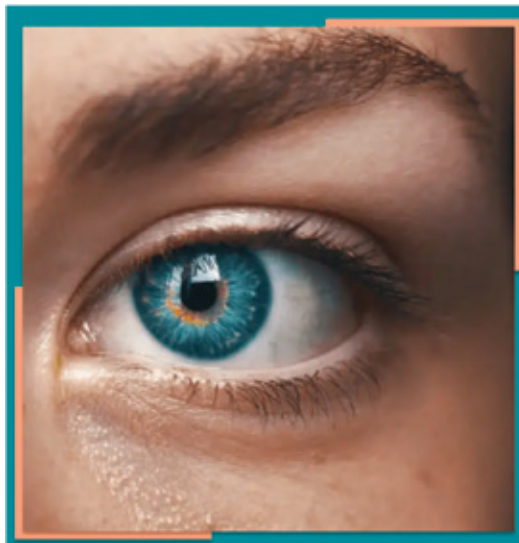
benefits both your immediate vision needs and your long-term visual health.

## REVERSIBILITY: PEACE OF MIND

Another compelling advantage of Visian EVO ICL is its reversibility. While most patients choose to keep their ICLs indefinitely, the lens can be removed or replaced if needed, allowing for future vision correction options as technology advances or your vision changes with age.

## QUICK RECOVERY, IMMEDIATE RESULTS

The Visian EVO ICL procedure takes approximately 15 minutes per eye, with most patients experiencing improved vision immediately after surgery. Recovery is typically rapid, with many returning to normal activities within a day or two.





# Vision Journeys: Patients Share Their Experiences



**“Our family has trusted Dr. Benjamin for over 25 years**, beginning when he expertly fixed my father’s complicated cataract surgery performed elsewhere. After witnessing his remarkable results, my mother and I both chose him for our own procedures—my LASIK surgery gave me freedom from glasses for driving and reading. Later, my husband and I both underwent successful cataract surgeries. Most recently, our granddaughter had an equally wonderful LASIK experience, making it three generations cared for by Dr. Benjamin and his outstanding team.”

—**Yelena and Konstantin, cataract surgery**

## BEYOND 20/20 VISION

**“I have 20/15 vision now—that’s better than 20/20.** It’s been life changing for the past year not having to worry about contacts or glasses. I just got married, and I was able to walk down the aisle with clear vision. I only wish I had the means to have done this earlier in life. If you’re considering it—do it! And definitely consider Dr. Benjamin to do it right.”

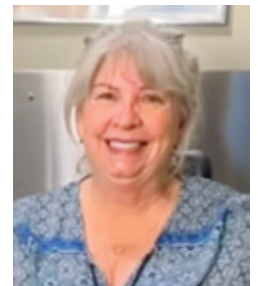
—**Cami, LASIK**



**“You made me feel so comfortable, and I really appreciate your patience.**

I really was a nervous wreck, but nothing hurt. It was really quick. I had surgery yesterday and I drove here today without glasses—and I can read better than 20/20. It could not have been better. Thank you, Dr. Benjamin!”

—**Jane, cataract surgery**



**“Benjamin Eye Institute is a modern, clean office.**

Dr. Benjamin is very informative about treatments and procedures. I never felt rushed during an appointment. After doing the dry eye treatment, my eyes feel comfortable again!”

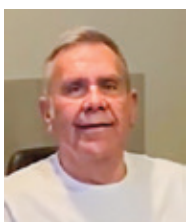
—**Steve, dry eye treatment**



**“My eyes feel amazing!**

I received a package of treatments for my dry eye as well as a beautiful pair of glasses! The staff are friendly, attentive and professional, and the office is state of the art.”

—**Jama, dry eye treatment**



**“Between the laser surgery—which was painless—and the ocular implant, my life has changed significantly just in the last 24 hours!**

Thank you!” —**Brian, cataract surgery**



**“LASIK has been the best decision I have ever made.**

I didn’t realize how much I took my vision for granted. The ability to see clearly day and night has been incredible for me. I have been enjoying the little things that I can finally see clearly. I know it will continue to get better over time, and I have been genuinely happier.”

—**Andrew, LASIK**



## Your Trusted Eye-Care Team Working Together

*We've built strong relationships with over 400 local eye doctors because we believe teamwork makes your care better.*

Dr. Benjamin loves partnering with your trusted optometrist to deliver exceptional eye care. When your eye doctor refers you to Benjamin Eye Institute, we become part of your eye care family working together to ensure you receive the best possible treatment.

If you need specialized surgery or treatment, don't worry—we work hand-in-hand with your regular optometrist before and after your procedure, ensuring continuity of care with a familiar face you already trust.

Our friendly staff will welcome you warmly, explain everything clearly and coordinate seamlessly with your optometrist throughout your treatment journey.

## Your Surgical Partner, Your Practice Extended

At Benjamin Eye Institute, we serve as the surgical extension of your optometric practice. We respect the trust your patients place in you and the relationships you've built. When you refer to us, we handle the specialized surgical care and return your patients to you for ongoing treatment. They remain your patients throughout. We prioritize clear, prompt communication because we value our partnership with you.

## For Optometrists

**Benjamin Eye Institute's scope of practice includes the following:**

- Bladeless LASIK with IntraLase
- Wavefront Optimized custom cornea treatment
- Wavelight Allegretto Eye-Q EXCIMER laser
- Cataract Surgery (micro-incision clear corneal with topical anesthesia)
- Premium Cataract Service that includes presbyopia-correcting IOLs, ReSTOR®, Tecnis® Multifocal, Crystalens® 5.0/AO/HD, and Toric IOLs
- Pterygium Surgery with conjunctival/amniotic membrane grafting
- Minimally Invasive Glaucoma Surgery (MIGS) procedures, including OMNI®, iStent®, Hydrus®, and ECP
- Optilight IPL, Envision IPL, Lipiflow®, and BlephEx® for dry eye

All services are "no risk" to the patient as we back up the refractive outcome with free enhancements on our own laser vision-correction equipment.

**CONTACT OUR OPTOMETRIC LIAISON AT  
310.299.2056**

**“**I'm thrilled to share information about our wonderful collaboration with the Benjamin Eye Institute. We've focused on premium surgical care for cataracts, refractive procedures, and glaucoma. Dr. Arthur Benjamin's expertise, combined with their cutting-edge technology, greatly enhances the care we provide our patients.

“Benjamin Eye Institute is not a competitor—they expand the services we offer. Their commitment to specialized eye surgery and advanced treatments ensures our patients are in good hands.

“This partnership has strengthened our ability to deliver top-tier eye care, and we look forward to many more years of collaboration.”

—Ryan Stybel,  
Doctor of  
Optometry (OD),  
Positive Eye  
Ons  
Optometry





*Located in the heart of West Hollywood, Benjamin Eye Institute is a leading one-stop destination for comprehensive eye care. The mission of the practice is to help people see well and look and feel great.*



## SERVICES

# COMPREHENSIVE EYE CARE AND FACIAL AESTHETICS

- General Ophthalmology
- Cataract Diagnosis and Premium Treatment
- Advanced Laser Options
- Premium IOLs (Multifocal, Toric, EDOF)
- Glaucoma Diagnosis and Treatment
- Medical and Laser Therapies
- Minimally Invasive Glaucoma Surgery (MIGS)
- Refractive Surgery
- LASIK and PRK
- Phakic ICL and RLE
- Treatment of External Eye Conditions
- Dry Eye and Blepharitis
- Styte Management
- Premium Dry Eye Solutions
- TearLab®, RF, IPL, LipiFlow®, BlepEx®
- Diabetic Eye and Retinal Care
- Optometry and Optical services
- Facial Aesthetics Services:
  - BOTOX®
  - Fillers
  - Morpheus8
  - Tixel i®/Tixel 2®

## EMERGENCY EYE CARE

**In the event you experience any of these symptoms, contact Benjamin Eye Institute:**

- Red, painful eye
- Floaters and flashing lights
- Sudden loss of vision
- Traumatic eye injury
- Scratched cornea
- Corneal ulcers
- Contact lens related emergencies
- Double vision

***Our motto: If you think it's an emergency, we think it's an emergency!***

***Call 310.299.2056 to get same-day professional help. (On the weekend, please call the emergency room.)***

Benjamin Eye Institute offers services to meet all of your vision care needs.

**Call 310.299.2056 to schedule an appointment!**

Benjamin Eye Institute  
9201 W. Sunset Blvd Suite #709  
West Hollywood, CA 90069



**YOUR  
VISION  
JOURNEY  
BEGINS  
HERE**



**Call 310.299.2056 or visit [benjamineye.com](http://benjamineye.com)**

## Facial Aesthetics

Simple Elegance

Quick Recovery

Natural Beauty



### Treatment Area Options

- Forehead lines (worry lines)
- Frown lines (glabellar lines)
- Eyelid wrinkles
- Crow's feet (periorbital lines)
- Acne scars and active acne (pimples)
- Swollen mounds under the lower eyelids (festoons)
- Smile Lines (nasolabial folds)
- Lip lines
- Creased chin
- Necklines
- Décolleté (chest)
- Arms
- Stretch marks
- Hands



In addition to providing expert eye care, Benjamin Eye Institute offers state-of-the-art Facial Aesthetics treatments. Experience rejuvenation with Morpheous8 and our advanced Tixel 2 system.

**Call to schedule a consultation 310.299.2056**